

Counseling Adolescents in Crisis in School Settings

How can we better support our students in their time of need?

Central Maine Mental Health Community,

The members of the Upsilon Mu Eta chapter of CSI would like to invite you to attend our annual workshop presented by Dr. Richard Balkin, Professor in the Department of Education and Counseling Psychology, Counseling, and College Student Personnel at the University of Louisville as well as the Editor of Journal of Counseling and Development (the flagship journal for ACA), Past-President of Association for Assessment and Research in Counseling, and also a leading researcher in the counseling field.

The workshop will be held on Tuesday, May 12th, from 10:00am-1:00pm in the Buchanan Alumni House on the University of Maine campus**. This FREE workshop is open to all, and CEU's will be available FREE through NBCC (National Board for Certified Counselors)!

Under the purview of responsive services in the ASCA National Model, school counselors may need to intervene when students are in crisis. This workshop will help school counselors conceptualize and address appropriate goals for adolescents in crisis related to helping the adolescent commit to safety, identify relevant problems, process coping skills, and commit to a follow-up plan.

- Evaluate primary areas related to crisis stabilization
- Establish therapeutic gains for adolescents in crisis
- Identify specific goals related to crisis stabilization
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Our workshop has a limited amount of seats available; therefore, we ask that you register through the following link by **April 20, 2015**. Please feel free to direct any questions to Jordan Chapman: Jordan.chapman@maine.edu

Registration link: <http://umaine.edu/edhd/about/college-events-2/workshop-registration-form/>

We hope you will consider attending the workshop, and we look forward to seeing you there! Also, we ask that you please forward this to potentially interested colleagues.



Sincerely,

Members of the Upsilon Mu Eta (UME) Chapter of CSI



Dr. Richard Balkin, LPC, NCC, is currently a Professor in the Department of Education and Counseling Psychology, Counseling, and College Student Personnel at the University of Louisville; a past Assistant Dean of College of Education at the Texas A&M University-Corpus Christi; the current editor of the Journal of Counseling and Development, the flagship journal of the American Counseling Association (ACA); a past president of Association for Assessment and Research in Counseling (AARC); a past editor of the Measurement and Evaluation in Counseling and Development, the official journal of AARC; a past editor of the Counseling and Values, the official journal of the Association for Spiritual,

Ethical, and Religious Values in Counseling (ASERVIC); in addition to various other leadership roles within the ACA divisions. Dr. Balkin is the author of a new assessment textbook, Theory and Practice of Assessment in Counseling, and also the developer of the Crisis Stabilization Scale (CriSS) that has been widely used by mental health professionals who work with adolescents in crisis.

Dr. Balkin is one of the leading researchers and scholars in the counseling field. His research and expertise has made significant contribution to a variety of areas including quantitative research, assessment development and validation, multiculturalism and diversity in counseling, counseling in school settings, adolescents in crisis, counselor training, religious identity in counseling, school-based play therapy, etc. Dr. Balkin has received many honors, most recently being awarded with the Best Practices Research Award (ACA); the Counseling Vision and Innovation Award (AACE); and Distinguished Service Award for Outstanding Service and Leadership (TCA). He has been invited to keynote in many conferences, including the 2015 ACA Annual Conference in Orlando, FL. Throughout his counseling career, Dr. Balkin has written numerous publications, including over 40 refereed journal articles, 13 book chapters, nine non-peer-reviewed articles, an instrument manual, and a textbook on assessment in counseling!

** Participants can park in the back lots on the UMaine campus; parking passes will be emailed to you upon your registration.

